

**SKRIPSI**



**STUDENTS' ANXIETY IN THE CLASSROOM ENGLISH  
SPEECH**

**( A CASE STUDY IN THE ACADEMIC SPEAKING CLASS B  
OF ENGLISH EDUCATION DEPARTMENT OF MURIA  
KUDUS UNIVERSITY)**

**By**

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UNIVERSITY OF MURIA KUDUS**

**2016**



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**( A CASE STUDY IN THE ACADEMIC SPEAKING CLASS B OF**  
**ENGLISH EDUCATION DEPARTMENT OF MURIA KUDUS**  
**UNIVERSITY)**

**SKRIPSI**

**Presented to the University of Muria Kudus**  
**in Partial Fulfillment of the Requirements for Completing**  
**the Sarjana Program in the Department of English Education**

**by**

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**MURIA KUDUS UNIVERSITY**

**2016**

## MOTTO AND DEDICATION

### MOTTO:

- *The times is given by Allah for free, but we can not turn back time as we want. So uses your time appropriately to do something good for yourself and for the others around you.*

### DEDICATION

*This skripsi is dedicated to:*

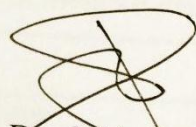
1. *My beloved dad (Mr. Maskan) and my beloved Mom (Mrs. Kustami) who always give me love, patient, pray and support*
2. *My beloved brother (Eko Kriswanto) and my beloved sister (Dwi Haryani) who always give me support and motivation*
3. *My beloved bestfriend Nila, Ardiana, and Endah who always support me*
4. *All my friends in English Education Department in the academic yearr 2012*

## ADVISORS' APPROVAL

This is to certify that the *Skripsi* of Tri Ulfa Octafiani (201232158) has been approved by the *skripsi* advisors for further approval by the Examining Committee.

Kudus, August 2016

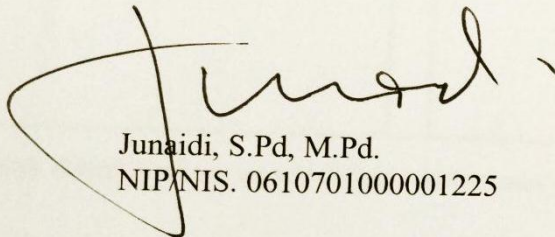
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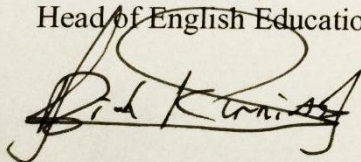
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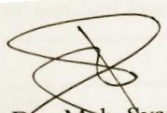


## EXAMINERS' APPROVAL

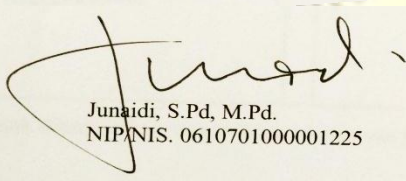
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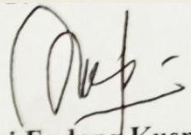
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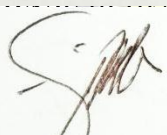
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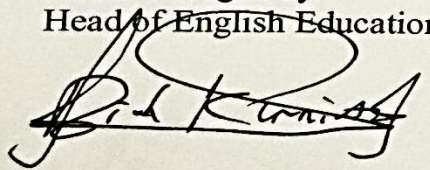
  
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In the name of Allah SWT The Most Beneficent and The Most Merciful. All praises are to Allah SWT for all the blesses so that She can accomplish this skripsi.

Sholawat and salam may be given to prophet Muhammad SAW who has taken all human being from darkness to the lightness. It is her pleasure to acknowledge the following people for their contribution to the writing this skripsi.

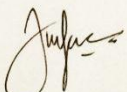
The writer would like to express her genuine gratitude to:

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2. Diah Kurniati, S.Pd. M.Pd. as the head of English Education Department of Muria Kudus University.
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5. Her beloved family especially for her parents who always take care and support her everytime.
6. For all her friends, thanks for your support and suggestion.

Finally, She hopes this skripsi will be useful and give advantages for everyone who deals with teaching and learning English. She opens up her heart for any critic to make it better.

Kudus, Agustus 2016



  
**Tri Ulfa Octafiani**  
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## ABSTRAK

Octafiani, Tri Ulfa. 2016. *Kecemasan Siswa di Dalam Kelas Pidato Bahasa Inggris (Studi Kasus dari Akademik Speaking Kelas B dari Program Studi Pendidikan Bahasa Inggris Universitas Muria Kudus)*. Skripsi. Pendidikan Bahasa Inggris Fakultas Keguruan dan Ilmu Pendidikan Universitas Muria Kudus. Pembimbing: (1) Drs. Muh. Syafei M.Pd (2) Junaidi S.Pd, M.Pd

**Kata kunci:** Kecemasan, Pidato Bahasa Inggris, Akademik Speaking Kelas B

Pidato merupakan aktifitas berbicara di muka umum yang bertujuan untuk berbagi ide-ide, pemikiran, atau informasi dari pembicara kepada para pendengar dan itu bisa dilakukan dalam berbagai acara seperti orasi politik, pesta, atau perayaan. Sebagai mahasiswa Pendidikan Bahasa Inggris dari Universitas Muria Kudus khususnya mahasiswa semester empat yang mengambil mata kuliah akademik speaking, mereka seharusnya mempunyai kemampuan yang bagus dalam menyampaikan pidato bahasa Inggris di depan para hadirin atau di depan banyak orang. Pada kenyataannya dalam menyampaikan pidato bahasa Inggris tidaklah mudah bagi para mahasiswa.

Tujuan dari penelitian ini adalah untuk menemukan faktor yang menyebabkan kecemasan yang dihadapi mahasiswa dan untuk menemukan tipe kecemasan yang dihadapi mahasiswa akademik speaking yang ada di kelas B dari program studi Pendidikan Bahasa Inggris dari Universitas Muria Kudus.

Penelitian ini termasuk penelitian kualitatif dan penelitian ini menggunakan model penelitian studi kasus. Instrumen yang digunakan penulis adalah kuesioner. Kuesioner yang pertama dibedakan menjadi tiga faktor, kecemasan terhadap berkomunikasi, kecemasan terhadap test, dan ketakutan terhadap penilaian yang negatif. Kuesioner yang kedua dibedakan menjadi dua tipe, kecemasan terhadap keadaan dan kecemasan terhadap sifatnya.

Hasil penelitian ini berdasarkan dari jawaban mahasiswa pada kuesioner. Dari kuesioner yang pertama menunjukkan bahwa factor kecemasan yang paling dominan adalah kecemasan berkomunikasi dan prosentasenya adalah 45%, kemudian di ikuti oleh factor ketakutan terhadap penilaian yang negative dan prosentasenya adalah 34%, dan kemudian kecemasan terhadap tes prosentasenya adalah 21%. Ini berarti hampir semua mahasiswa kelas b dari akademik speaking mempunyai masalah dalam berkomunikasi dengan orang lain. Mereka takut untuk berbicara bahasa inggris dengan orang lain dan mereka enggan untuk berpartisipasi dalam percakapan atau diskusi dan enggan untuk ikut berinteraksi dengan yang lain. Perhitungan dari kuesioner yang kedua menunjukkan bahwa tipe kecemasan yang paling dominan adalah kecemasan terhadap sifatnya prosentasenya

adalah 53% dan diikuti oleh kecemasan terhadap suatu keadaan prosentasenya adalah 43%. Ini berarti mahasiswa kelas b dari akademik speaking biasanya cemas ketika mereka berbicara dihadapan orang banyak (*public speaking*). Mereka selalu khawatir yang berlebihan terhadap sesuatu seperti khawatir jika mereka ditertawakan oleh temannya dan mereka cemas jika mendapat penilaian yang negatif dari dosen mereka.



## ABSTRACT

Octafiani, Tri Ulfa. 2016. *Students' anxiety in the classroom English speech (A case study in the academic speaking class B of English Education Department of Muria Kudus University)*. Skripsi. English Education Department of Teacher Training and Education Faculty of Muria Kudus University. Advisor: (1) Drs. Muh. Syafei M.Pd (2) Junaidi S.Pd, M.Pd

**Key words:** Anxiety, English Speech, Academic Speaking Class B

Speech is a speaking activity in public which aims to share the ideas, thought, or information from the presenter to the audience and it can be done in some event such as in the politics oration, in the party, or in the celebration. As an English Education Department students of Muria Kudus University especially for the fourth semester students, they take Academic Speaking class, they should have a good ability in delivering an English speech in the front of audience or in the front of public. The fact show that delivering an English speech is not easy for the students.

The purpose of this research is to find out the factors contribute to the anxiety faced by the students and also to find out the types of anxiety faced by the students of academic speaking class B of of English Education Department of Muria Kudus University.

This research was qualitative research and the design of this research was case study. The instrument that I used was questionnaire. there were two questionnaire. The first questionnaire was divided into three, it was communication apprehension, test anxiety, and fear of negative evaluation. The second questionnaire was divided into two, it was state anxiety and trait anxiety.

The result of this research showed from the students' answer from the questionnaire. From the first questionnaire the calculation showed that the dominant factor of anxiety was communication apprehension the percentage was 45%, followed by fear of negative evaluation and the percentage was 34%, and then test anxiety and the percentage was 21%. It means that most of the students of akademik speaking class b had problem in communicating with other. They were being afraid to speak up in English with others and they were reluctant to participate in conversation or discussion and got involved in interaction with others. The calculation from the second questionnaire showed that the dominant types of anxiety was trait anxiety the percentage was 53% and followed by state anxiety which the percentage was 43%. It means that the students of academic speaking class b generally anxious when they were doing public speaking. They were always worry to much over toward something like they were worry if they laugh by other and they were anxious if they would get negative feedback from their lecturer.

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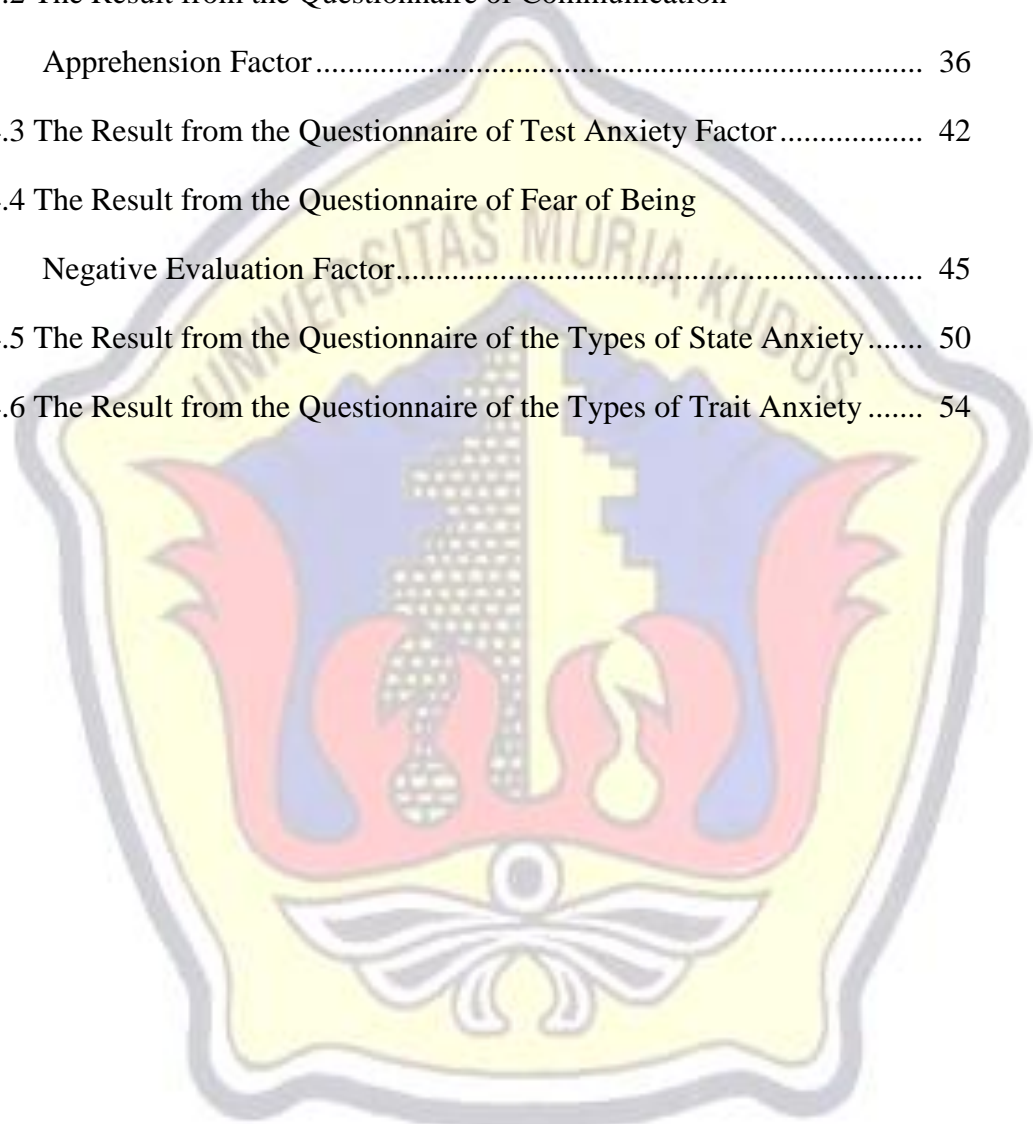
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